

_____'S SLEEP MANNERS CHART

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
I LISTENED AND FOLLOWED DIRECTIONS AT BEDTIME 							
I WENT TO SLEEP WITHOUT MOMMY LYING DOWN WITH ME 							
I WENT BACK TO SLEEP ON MY OWN OVERNIGHT 							
I STAYED IN BED UNTIL MY LIGHT CAME ON 							